

# Life is a blessing in disguise

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When you look up at the sky, what do you see? I see the vastness of the world, I see a silver lining in the clouds, I see hope. That is why I always look up at the sky when I feel depressed or confused. It never fails to remind me of my belief. To me, the most important thing in life is to be able to appreciate what life gives you. Life is no doubt a complicated game, but beneath it all it is the joy of living that we need to comprehend. The question is, are you a good player?

Aron Lee Ralston, an American mountain climber, amputated his lower right arm with a dull knife when he was trapped under a boulder in the Grand Canyon in 2003. This decision had left him handicapped but saved his life and allowed him to live till today. The devastating earthquake that struck Myanmar 2 years ago took away thousands of lives and left many homeless, but the survivors rebuilt their homes and continued to live on bravely. These are the people who inspired me, the true players of life who picked themselves up when they fell down and is willing to give up everything to continue living.

I have a friend who changes her cell phone every few months and would lament that life is unfair if she didn't get the newest gadget she want. This is what I told her: Take a step back and think, don't you already have everything? You have a family that loves you, friends that care for you, amenities and all, there's no need to ask for more. I would rather save up all my money to buy clothes and stationaries for the poor children in Nepal so that I could help change their life.

There are times when I do feel that life is really stressful and lamentable, but life is full of ups and downs and we should always take it to our stride. I appreciate what I have, to be able to study and be loved by my family, and that I should make full use of what I have to help others that are less fortunate than me. I am grateful for all that I have.

Some of my friends often tell me that I am too naïve, always happy and smiling to everyone I see, even a cat, but that is just who I am. I feel that there are many things in life that we can be happy about, only if we learn to see them with our hearts.

"Life is not having and getting, but being and becoming ~ Mathew Arnold", we can only see how wealthy we are only when we learn to be grateful and appreciative.

I believe that life is a blessing in disguise. Do you?

